

Monitor Medical Inc., The CPAP Co.

September 2015 Newsletter

Hurricane Season's Here!



Click [here](#) for Hurricane readiness tips.

Secrets to the Perfect Nap

There's a knack to napping, if you want your siesta to leave you feeling refreshed, and not groggy. Research suggests that naps can have benefits or drawbacks, depending on their timing and duration, and the age and health status of the person who's doing the daytime snoozing. Click [here](#) to read more.

Sleeping With Darth Vader

Not having lived through the late '70s, it's difficult for me to personally attest to this notion, but I have it on good authority that even in his day, Darth Vader was not widely accepted as a sex symbol. He was, after all, "more machine than man," a trait that doesn't typically translate well into the bedroom. So what if he was the love of your life, and you had promised to try to get some sleep next to his ominous huuuuu-purrrr until death did you part? Click [here](#) to read more.



→ Sale: AG CPAP Pillow - Save \$15

CPAP therapy is effective when patients are compliant. However, many sleep apnea patients are not compliant because of discomfort. An addition of a **CPAP Pillow** lessens discomfort as you change positions while sleeping, which allows maximum benefits to rest more comfortably. Click [here](#) to learn more or click [here](#) to order.



→ White Wipes - Buy 1 Get 1 Half Off

The **CPAP Mask Wipes** are unscented and specially designed to naturally clean and protect your CPAP mask without harmful chemicals and strong fragrances. Easily wipes away grease, oils, dirt, and other residues from your mask to make your sleep therapy that much easier. It is alcohol and latex-free, no animal testing and unscented moist wipes. Click [here](#) to learn more or click [here](#) to order.



→ Mirage FX Nasal Mask

The ResMed **Mirage™ FX nasal mask** offers the perfect balance of lightweight comfort, premium performance and simplicity. Built with your convenience in mind, the Mirage FX is made up of only four parts, making it effortless to use, clean and reassemble. It's also engineered to deliver maximum comfort while you sleep - the patented dual-wall. Spring Air cushion is soft on your face, and the ultra-flexible forehead support reduces contact with your skin. Click [here](#) to learn more.



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